

(Thanks to Michael Butorac for sending the Wesco info and images)

JA Wesco on holding the pen. For more on Wesco please see:

<http://www.zanerian.com/Wesco.html>

THE PENHOLDING HAND

Study this hand. The fingers are held closely together through the placing of the third or wedge finger between the second and fourth, and all touching at the first or end joint. The wedge finger is wedged.

The holder is placed against the side of the nail of the second finger and crosses the hand below the knuckle joint of the first finger. This is very Important as in resting there it helps to hold the wrist up. Notice how the first finger laps, or rests over the side of the pencil, leaving a little space between the fingers. This is done to keep the nerve in the under portion of the finger from too tight pressure, a condition which would tend to cause fatigue. When this finger rests easily and the habit is formed, writer's cramp could never occur. The pencil or pen point should be extended beyond the first finger tip one and one-half inches, and the thumb should be drawn back from the end of the first finger one-half inch. Placing the thumb this way gives it a nice, easy position, and when you have it correct it will show the three position lines very prominently. When the arm is properly placed on the desk and paper, only the side of the end of the little finger contact touches the paper.

WEDGE FINGER

The wedge finger is the third finger of the writing hand, reading the fingers of the open hand in this manner: Thumb, first finger, second finger, third finger, little finger. The hand end of the arm is made solid by bringing the fingers together at the first joint, drawing in or curving the third more than the rest, so that the end of the third finger points down and under the hand instead of lining with the curvature of the other fingers. Notice the hand in the picture on this page, how the third finger is located between the little finger and the second finger, with the opening between the second and little fingers much smaller than the wedge, or third finger, in its position between these two fingers. The third finger is called the wedge finger, because it is wedged between the second and little fingers.